

# **Environmental and occupational cancers: understanding the factors shown to influence cancer risk**

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**ISPA – FINBA**

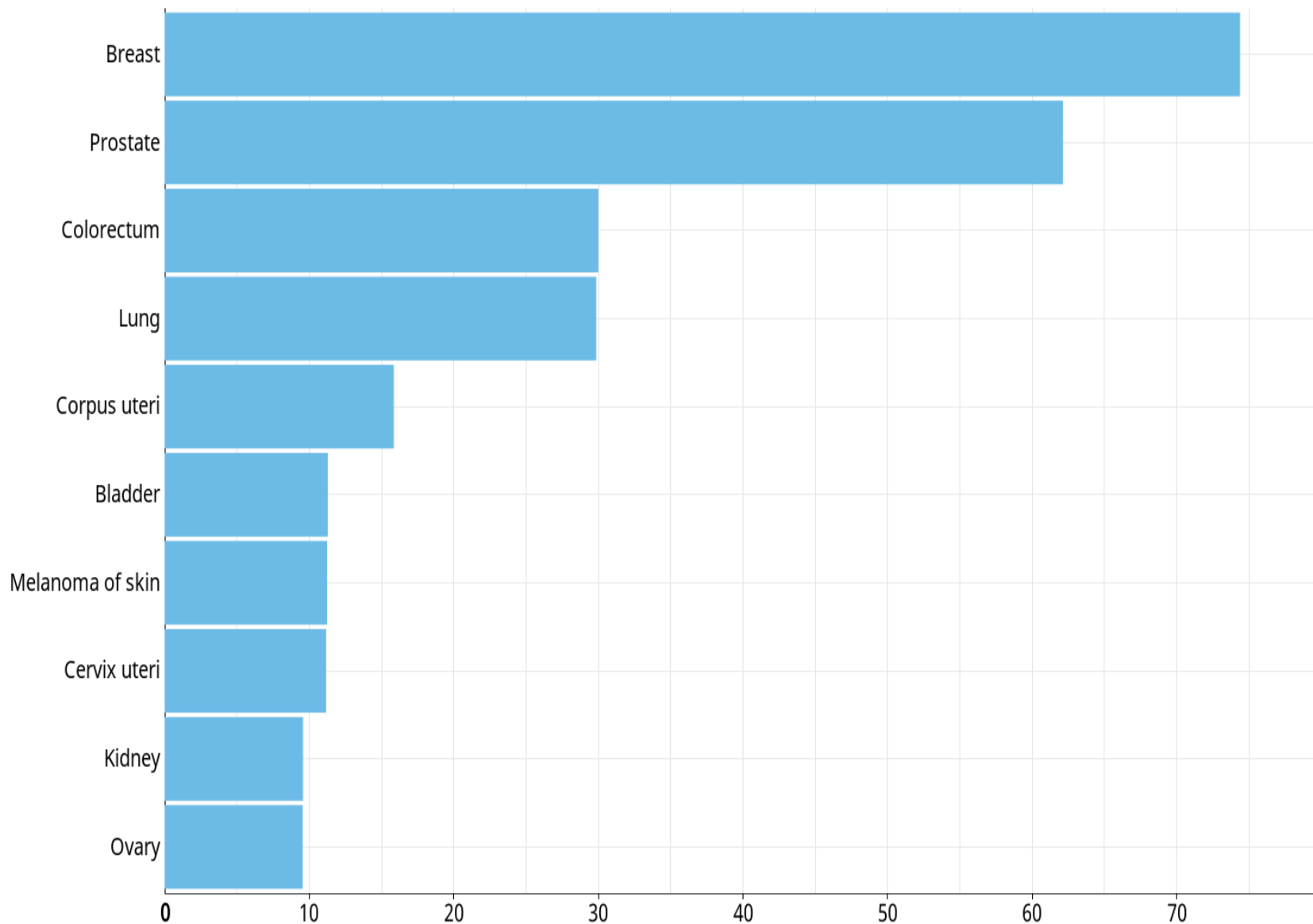
**Coordinadora Área EROM, SEPAR**

**Oviedo - España**

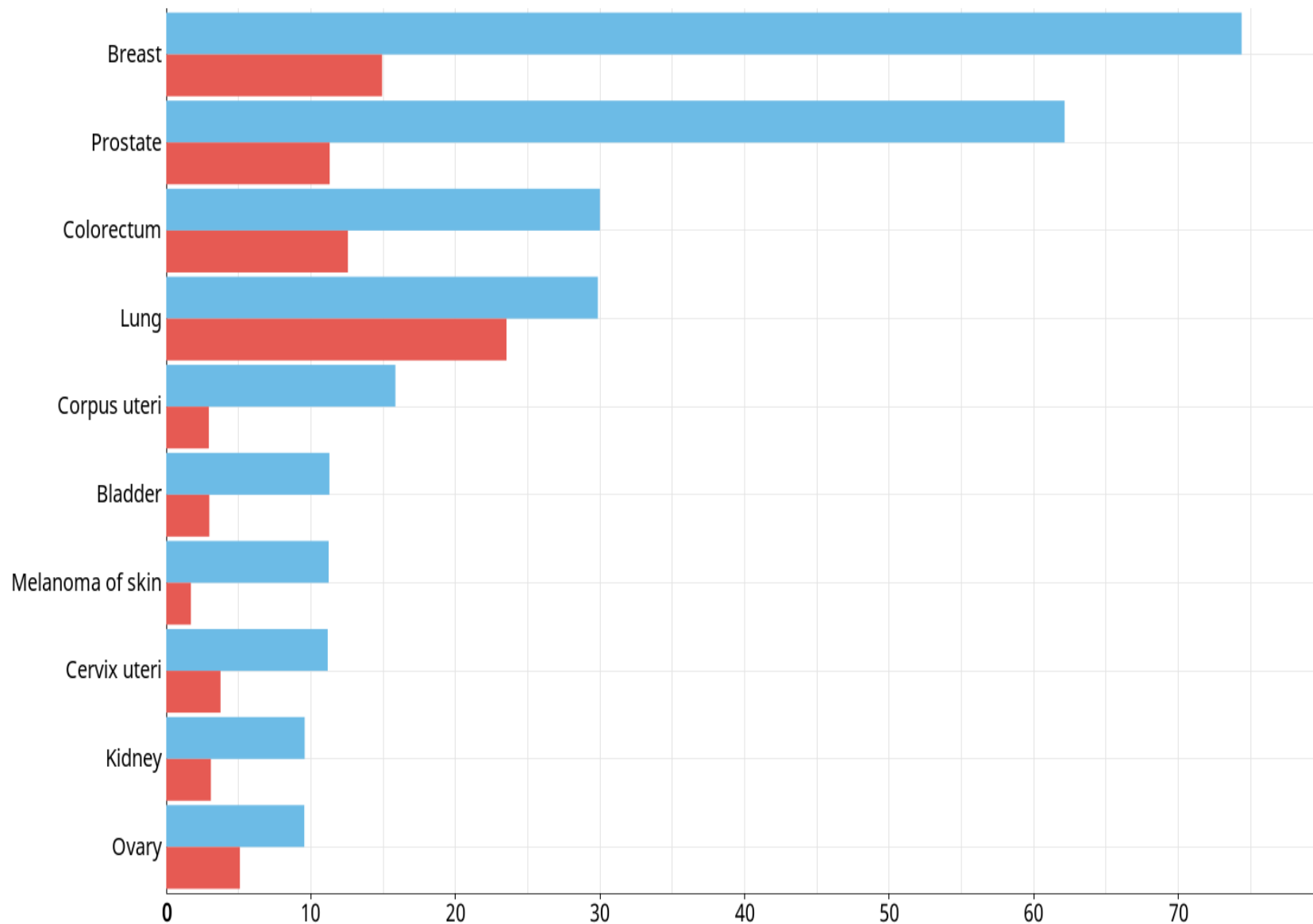
# **Lung cancer**

- 1. Lung cancer is a very important health problem in Europe**

# Estimated age-standardized incidence rates (World) in 2018, Europe, both sexes, all ages



# Estimated age-standardized incidence and mortality rates (World) in 2018, Europe, both sexes, all ages



# Lung cancer

1. Lung cancer is a very important health problem in Europe

**2. The best approach to the problem is early diagnosis and prevention**



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**LUNG CANCER SCREENING IN RISK GROUPS**

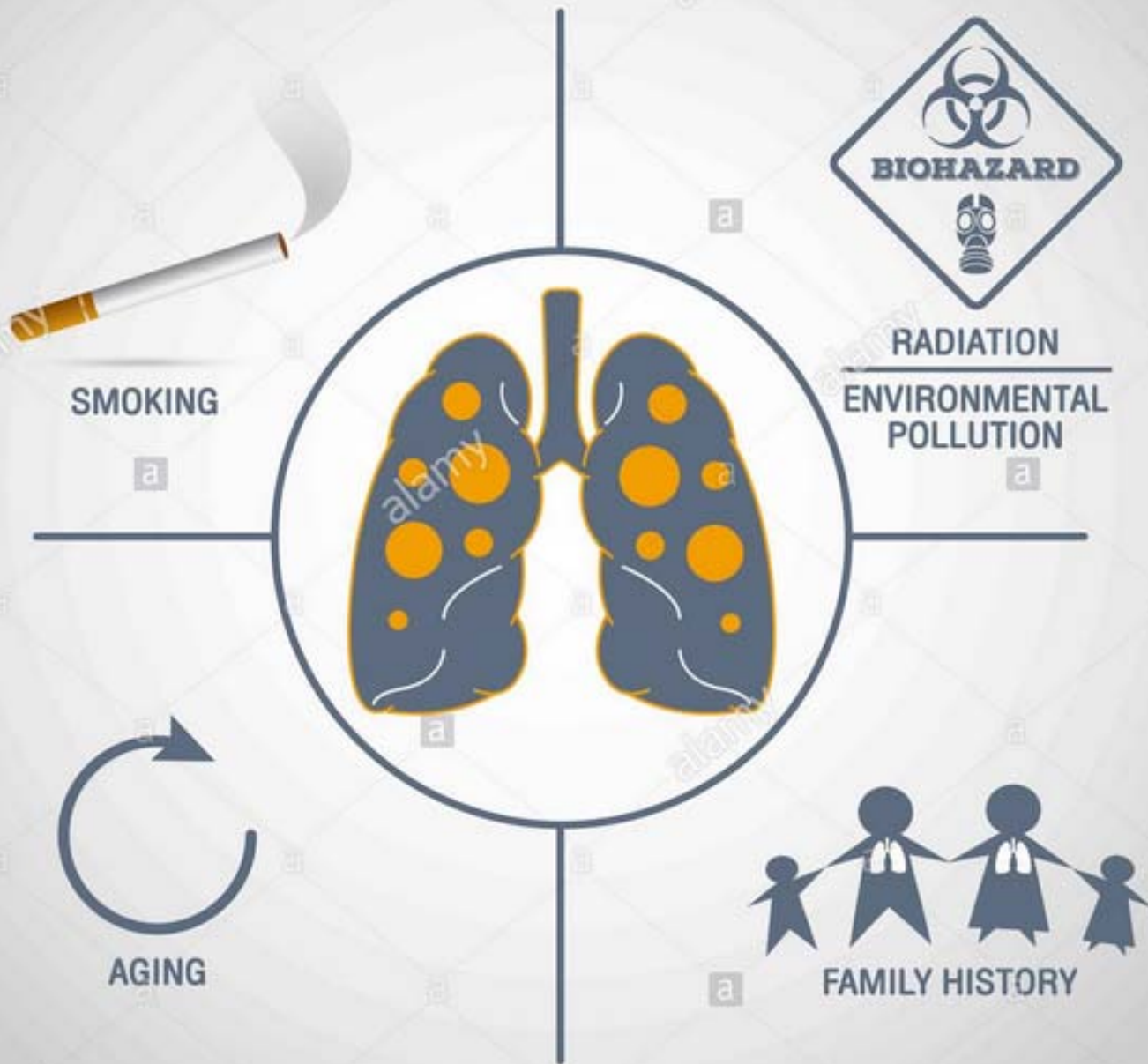
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# Lung cancer

1. Lung cancer is a very important health problem in Europe
2. The best approach to the problem is early diagnosis and prevention
- 3. Prevention should target known risk factors**

# RISK FACTORS FOR LUNG CANCER





# smoking



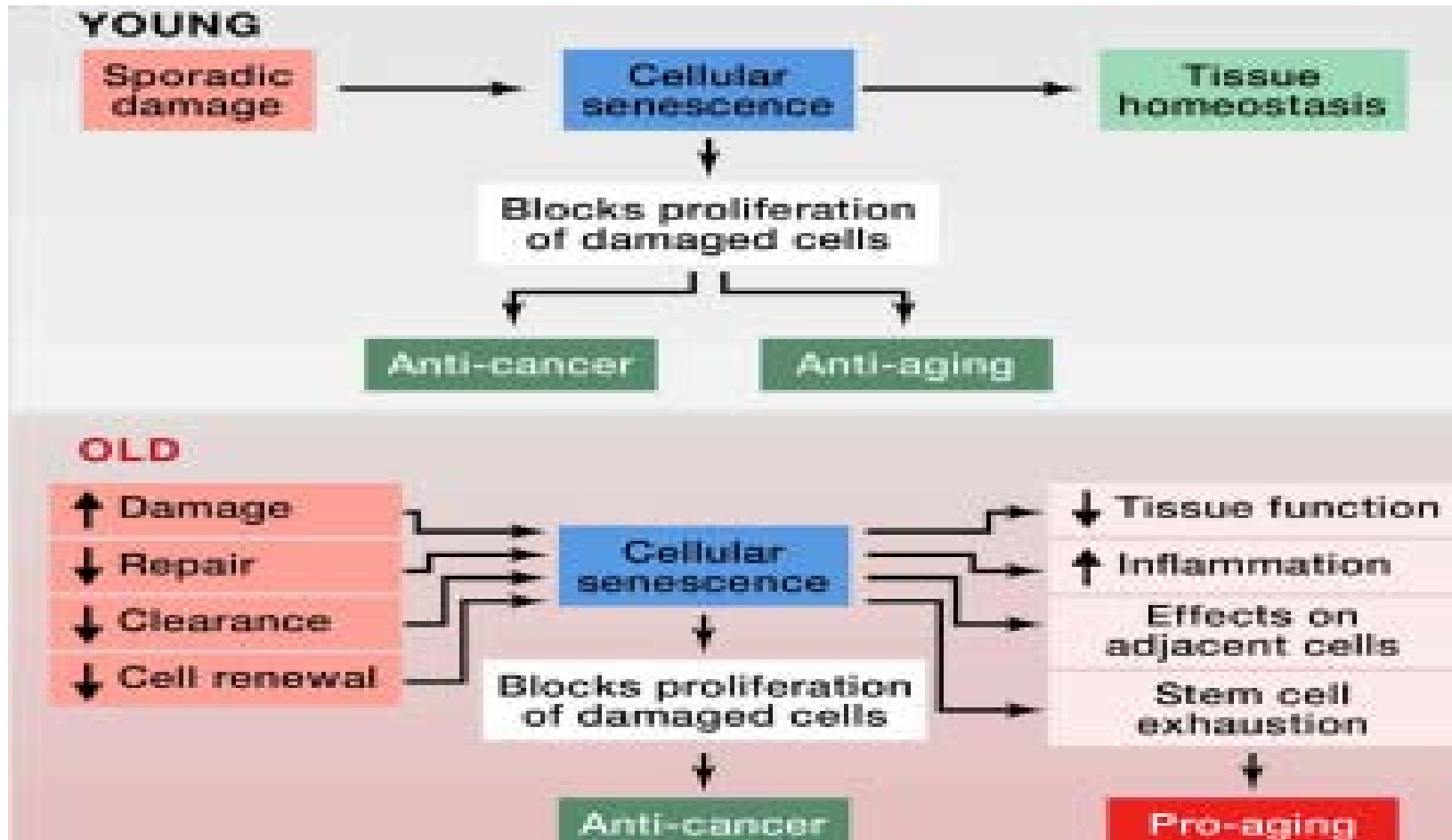
# Passive Smoke

**People who are exposed to passive smoke during adulthood are 1.41 times more likely to develop lung cancer compared to never-smokers unexposed to passive smoke**

**relative risk ratio 1.41, (95%CI: 1.21–1.65)**

European Lung Foundation. SMOKEHAZ. A scientific review of the health hazards of smoking – Lung cancer; Passive smoking. 2013; Available from: <https://www.europeanlung.org/en/projects-and-research/projects/smokehaz/lungconditions/home/adults/lung-cancer/> [cited 15.07.2020]

# aging



# family history

**The risk of lung cancer was more than five-fold higher among individuals who had a family history of lung cancer and two copies of the high-risk alleles rs8034191 and rs1051730**

Liu P, Vikis HG, Wang D, Lu Y, Wang Y, Schwartz AG, Pinney SM, Yang P, de Andrade M, Petersen GM, et al: Familial aggregation of common sequence variants on 15q24-25.1 in lung cancer. *J Natl Cancer Inst* 2008;100:1326-30

LUNG CANCER CAN OCCUR IN PEOPLE WHO HAVE NEVER SMOKED.



10%



20%



**Approximately 25% of lung cancer cases worldwide are not attributable to smoking**

Sun, S., Schiller, J. & Gazdar, A. Lung cancer in never smokers — a different disease.  
*Nat Rev Cancer* 2007;7:778–90

# Radon

- **Radon was classified as a human Group I carcinogen by the International Agency for Research on Cancer in 1988**
- **The US Environmental Protection Agency recognised indoor exposure to radon as the second leading risk factor for lung cancer after smoking, and the first risk factor for nonsmokers**

# Small cell lung cancer in never-smokers

María Torres-Durán<sup>1</sup>, Alberto Ruano-Ravina<sup>2,3,4</sup>, Karl T. Kelsey<sup>4</sup>,  
Isaura Parente-Lamelas<sup>5</sup>, Mariano Provencio<sup>6</sup>, Virginia Leiro-Fernández<sup>1</sup>,  
José Abal-Arca<sup>5</sup>, Carmen Montero-Martínez<sup>7</sup>, Iria Vidal-García<sup>7</sup>, Carolina Pena<sup>8</sup>,  
Olalla Castro-Añón<sup>9</sup>, Antonio Golpe-Gómez<sup>10</sup>, Cristina Martínez<sup>11</sup>,  
Rosirys Guzmán-Taveras<sup>11</sup>, María José Mejuto-Martí<sup>12</sup>,  
Alberto Fernández-Villar<sup>1</sup> and Juan Miguel Barros-Dios<sup>2,3,13</sup>

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**Residential radon exposure is higher than the action levels recommended by the World Health Organization.**



**Dr. Alberto Ruano-Ravina**





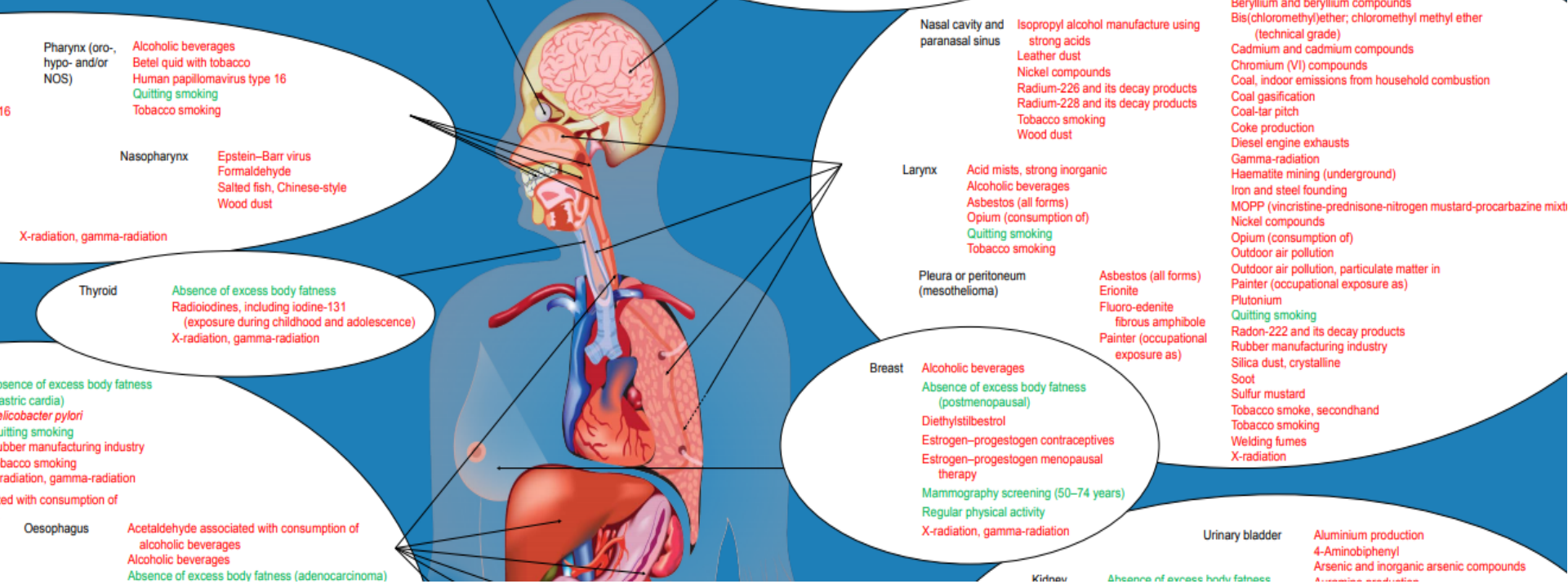
# Human Cancer: Known Causes and Prevention by Organ Site

IARC Monographs on the Identification of Carcinogenic Hazards to Humans and Handbooks of Cancer Prevention

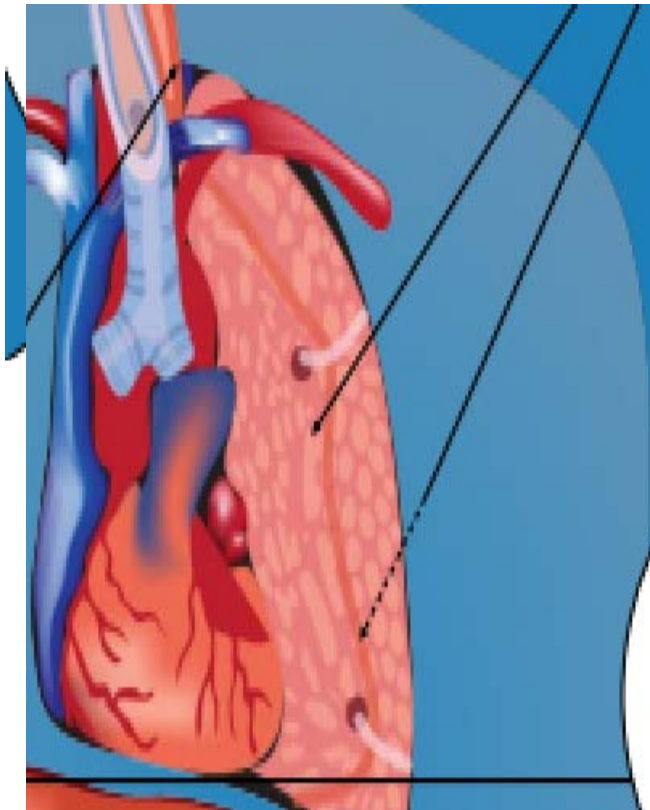
Pages 1-17, updated 27 November 2020

Causes to humans (Group 1) (in red)

Prevention of a cancer-preventive effect (in green)



Monographs 1-128, Handbooks 1-17, updated 27 November 2020  
Agents classified as carcinogenic to humans (Group 1) (in red)  
Interventions with sufficient evidence of a cancer-preventive effect (in green)



Asbestos (all forms)  
Erionite  
Fluoro-edenite  
fibrous amphibole  
Painter (occupational exposure as)

Outdoor air pollution, particulate matter in  
Painter (occupational exposure as)  
Plutonium  
Quitting smoking  
Radon-222 and its decay products  
Rubber manufacturing industry  
Silica dust, crystalline  
Soot  
Sulfur mustard  
Tobacco smoke, secondhand  
Tobacco smoking  
Welding fumes  
X-radiation

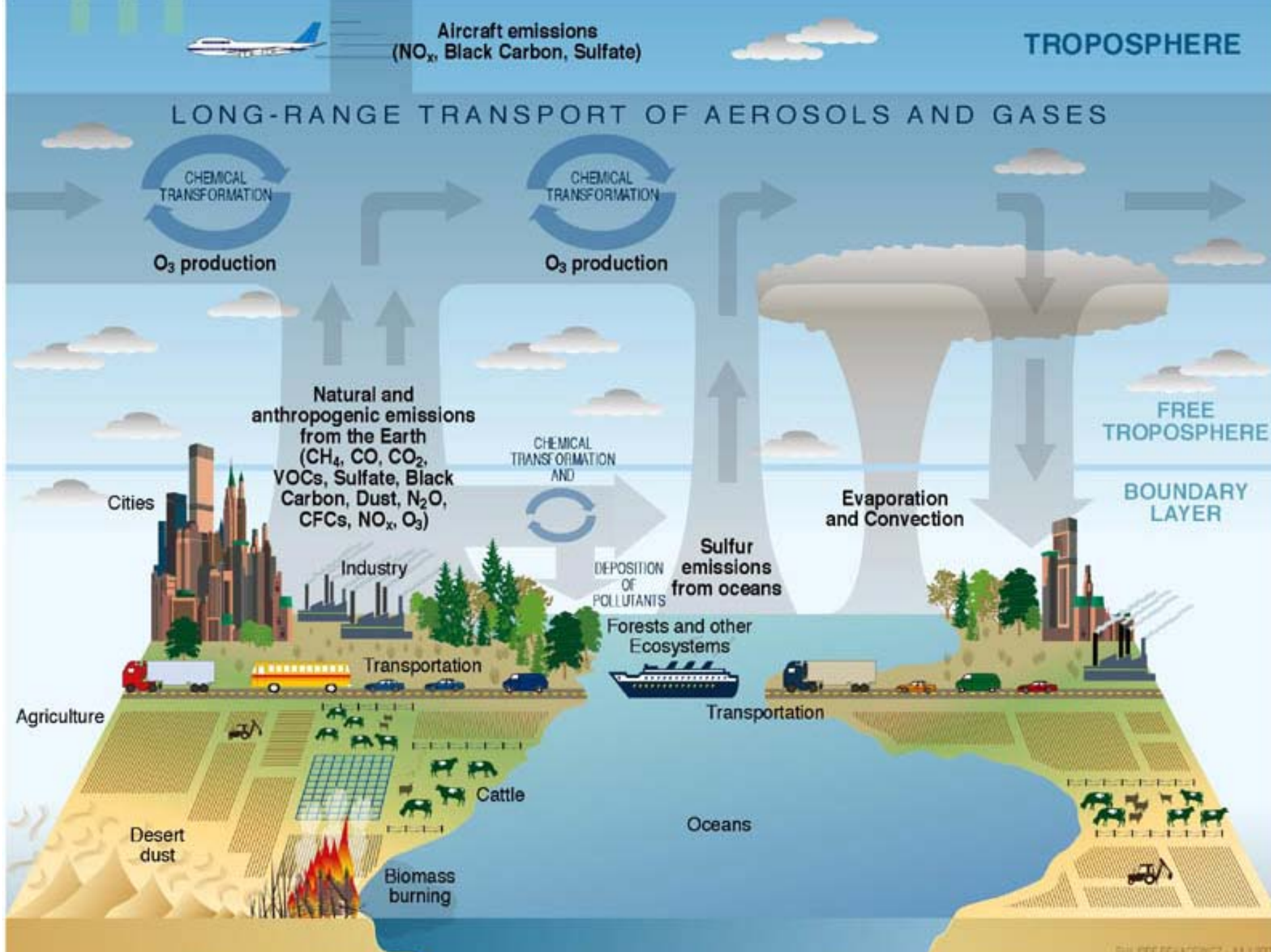
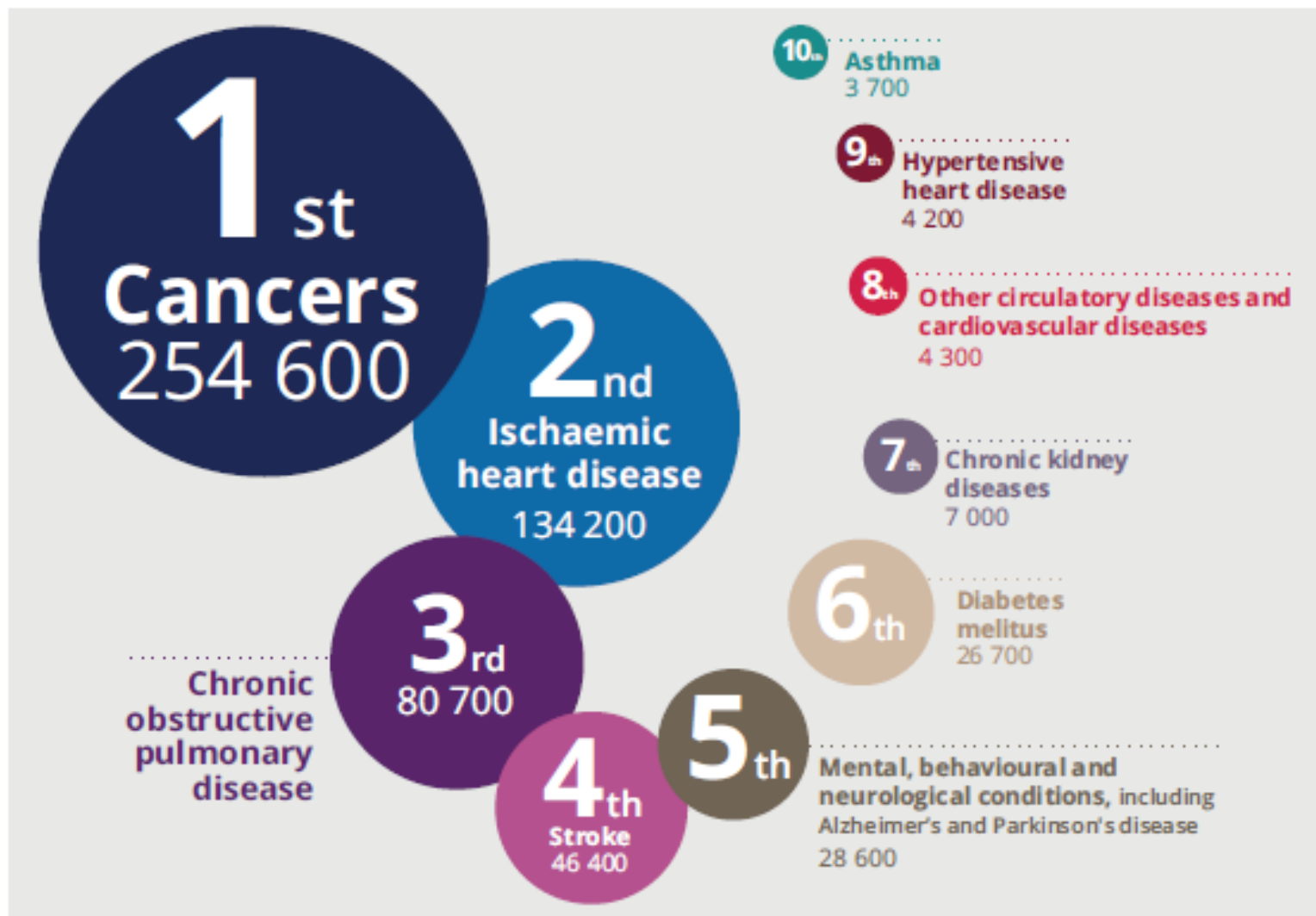


Figure 2.2 Top 10 non-communicable diseases causing deaths attributable to the environment in the high income European countries, 2012



**Note:** The high-income countries in Europe include Andorra, Austria, Belgium, Cyprus, Czechia, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Israel, Italy, Latvia, Lithuania, Luxembourg, Malta, Monaco, the Netherlands, Norway, Poland, Portugal, San Marino, Slovakia, Slovenia, Spain, Sweden, Switzerland and the United Kingdom.

**Source:** WHO (2016b).

# Air pollution and lung cancer incidence in 17 European cohorts: prospective analyses from the European Study of Cohorts for Air Pollution Effects (ESCAPE)



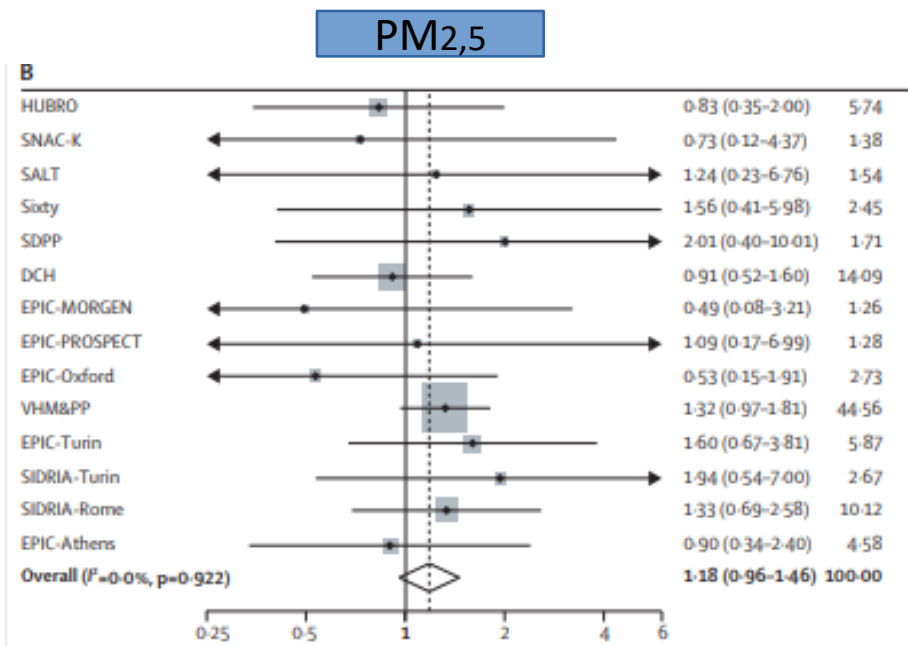
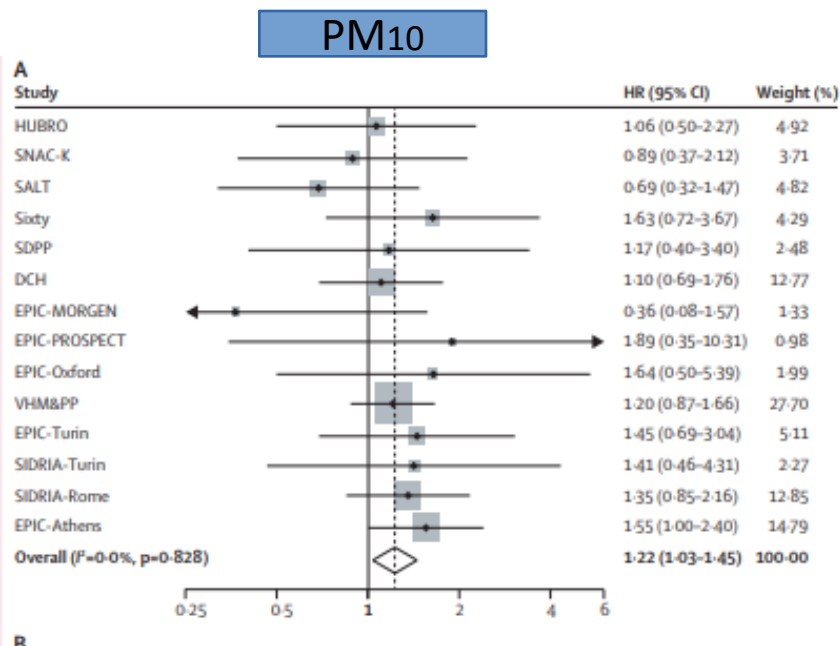
Ole Raaschou-Nielsen, Zorana J Andersen, Rob Beelen, Evangelia Samoli, Massimo Stafoggia, Gudrun Weinmayr, Barbara Hoffmann, Paul Fischer, Mark J Nieuwenhuijsen, Bert Brunekreef, Wei W Xun, Klea Katsouyanni, Konstantina Dimakopoulou, Johan Sommar, Bertil Forsberg, Lars Modig, Anna Oudin, Bente Oftedal, Per E Schwarze, Per Nafstad, Ulf De Faire, Nancy L Pedersen, Claes-Göran Östenson, Laura Fratiglioni, Johanna Penell, Michal Korek, Göran Pershagen, Kirsten T Eriksen, Mette Sørensen, Anne Tjønneland, Thomas Ellermann, Marloes Eeftens, Petra H Peeters, Kees Meliefste, Meng Wang, Bas Bueno-de-Mesquita, Timothy J Key, Kees de Hoogh, Hans Concin, Gabriele Nagel, Alice Vilier, Sara Gioni, Vittorio Krogh, Ming-Yi Tsai, Fulvio Ricceri, Carlotta Sacerdote, Claudia Galassi, Enrica Migliore, Andrea Ranzi, Giulia Cesaroni, Chiara Badaloni, Francesco Forastiere, Ibon Tamayo, Pilar Amiano, Miren Dorronsoro, Antonia Trichopoulou, Christina Bamia, Paolo Vineis\*, Gerard Hoek\*

## Summary

**Background** Ambient air pollution is suspected to cause lung cancer. We aimed to assess the association between long-term exposure to ambient air pollution and lung cancer incidence in European populations.

Lancet Oncol 2013; 14: 813-22

Published Online



## Outdoor Particulate Matter Exposure and Lung Cancer: A Systematic Review and Meta-Analysis

Ghassan B. Hamra,<sup>1</sup> Neela Guha,<sup>1</sup> Aaron Cohen,<sup>2</sup> Francine Laden,<sup>3,4,5</sup> Ole Raaschou-Nielsen,<sup>6</sup> Jonathan M. Samet,<sup>7</sup> Paolo Vineis,<sup>8</sup> Francesco Forastiere,<sup>9</sup> Paulo Saldiva,<sup>10</sup> Takashi Yorifuji,<sup>11</sup> and Dana Loomis<sup>1</sup>

Estimates for the relationship between a 10- $\mu\text{g}/\text{m}^3$  change in  $\text{PM}_{2.5}$  and  $\text{PM}_{10}$  and histological cancer subtypes.

| Exposure and outcome    | RR (95% CI)       | <i>n</i> | Studies included (by ID) <sup>a</sup> |
|-------------------------|-------------------|----------|---------------------------------------|
| <b>PM<sub>2.5</sub></b> |                   |          |                                       |
| Adenocarcinoma          | 1.40 (1.07, 1.83) | 2,339    | 9, 10, 15                             |
| Squamous cell carcinoma | 1.11 (0.72, 1.72) | 1,523    | 9, 15                                 |
| <b>PM<sub>10</sub></b>  |                   |          |                                       |
| Adenocarcinoma          | 1.29 (1.02, 1.63) | 965      | 10, 15                                |
| Squamous cell carcinoma | —                 | —        | —                                     |


RR, meta-relative risk. Estimates are the result of random-effects meta-analysis. <sup>a</sup>Studies included in the analysis according to ID numbers listed in Table 1.



IARC MONOGR

# OUTDOOR AIR POLLUTION

VOLUME 109

A black and white illustration of a bird in flight is positioned on the left side of the page, above a silhouette of a person walking. The background features a hazy city skyline with several skyscrapers.

There is *sufficient evidence* in humans for the carcinogenicity of particulate matter in outdoor air pollution. Particulate matter in outdoor air pollution causes cancer of the lung.

IARC MONOGRAPHS  
ON THE EVALUATION  
OF CARCINOGENIC RISKS  
TO HUMANS

# Chronic Effects of High Fine Particulate Matter Exposure on Lung Cancer in China

Jianxin Li <sup>1,2</sup>, Xiangfeng Lu <sup>1,2</sup>, Fangchao Liu <sup>1</sup>, Fengchao Liang <sup>1</sup>, Keyong Huang <sup>1</sup>, Xueli Yang <sup>1</sup>, Qingyang Xiao <sup>3</sup>, Jichun Chen <sup>1</sup>, Xiaoqing Liu <sup>4</sup>, Jie Cao <sup>1</sup>, Shufeng Chen <sup>1</sup>, [Show All...](#)

<https://doi.org/10.1164/rccm.202001-0002OC> PubMed: [32614242](#)

Originally Published in Press as DOI: 10.1164/rccm.202001-0002OC on July 2, 2020

**Measurements and Main Results:** A total of 844 incident lung cancer cases were identified during 915,053 person-years of follow-up. Among them, 701 lung cancer deaths occurred later. The exposure-response curves for lung cancer associated with PM<sub>2.5</sub> exposure were nonlinear, with steeper slopes at the higher concentrations. Adjusted for age, sex, geographical region, urbanization, education level, smoking status, alcohol consumption, work-related physical activity, and body mass index, participants exposed to the second-fifth quintiles of PM<sub>2.5</sub> had higher risk for lung cancer incidence than those exposed to the first quintile, with hazard ratios of 1.44 (95% confidence interval [CI], 1.10–1.88), 1.49 (95% CI, 1.12–1.99), 2.08 (95% CI, 1.42–3.04), and 2.45 (95% CI, 1.83–3.29), respectively. The corresponding hazard ratios for lung cancer mortality were 1.83 (95% CI, 1.33–2.50), 1.80 (95% CI, 1.29–2.53), 2.50 (95% CI, 1.62–3.86), and 2.95 (95% CI, 2.09–4.17), respectively.

**Conclusions:** We provide strong evidence that high PM<sub>2.5</sub> exposure leads to an elevated risk of lung cancer incidence and mortality, highlighting that remarkable public health benefits could be obtained from the improvement of air quality in highly polluted regions.



# Conclusion



**Healthy environment, healthy lives**